

Sand between the Toes

Vol 2 – November 2011

Thank you to:

- All members who attended Proficiency Day – your service on our Rainbow Beach for the current season is appreciated.
- Those members who attended the RSA course on Wednesday evening – the club has a number of functions booked into the hall over the next twelve months. Your assistance will be appreciated – it is a major revenue source for the club. If you already have a RSA qualification and would like to assist, give Neil Woodlands a call on 0418215788.
- To those members who are helping to keep our clubrooms tidy. There are many visitors to the clubhouse and your cleanliness keeps the building in order.

✚ Social Scene

- **Tonight** – club night – bring your own food - Disco music for entertainment – come along for a great evening.
- Final preparations are in place for 'Girls Night In' Saturday 12th November – 6.00 pm - \$35.00 entry fee. Last year over \$4500 was raised for Cancer Research. Hope we can surpass that figure this year.
- Sponsor's Appreciation Evening – 6.00 – 8.00 pm Friday 25th November - also Boardies Day
- Christmas Function Friday 16th December – green & red dress code
- Each Friday evening the bar is open from 5pm onwards. Come and enjoy the summer evenings on the deck.

✚ Boardies Day

Andy Eames is co-coordinating this National Promotion/Fundraising Day – give him a call if your school/business can assist with fundraising. Coincidentally, the club is organizing a Sponsor's Appreciation Evening on the 25th November. Come along dressed in yellow and red.

✚ Membership Renewal and Annual Fee

If you are aware of anyone who has not renewed their membership, please suggest that they do so immediately. The on-line system through www.lifesavingonline.com.au cuts down on the paperwork and saves time for the registrar. Membership fees are \$75.00 per member or \$200 for family of two adults and two children, each additional child is \$15.00. Members are not covered by insurance and do not receive communication unless 'in the system'.

✚ Competition

Boaties

Our boat crews are enjoying a very successful start to the season.

Woolgoolga are leading the Club Championship - WBH 2nd - Tacking Point 3rd

Our 5 crews competing are all in the top three places, with the U23 ladies and both masters crews leading their divisions, however it would be great to see more crews join in or double up so we can claim the Club Championship off Woopie (and also smash Tacking Point !)

Next boat carnivals are Rounds 4 & 5 at Scott's Head 19th - 20th November

NSW Endurance Championships.

Wauchope Bonny Hills Surf Club was amongst the medals at the NSW Endurance Championships conducted at Ocean Beach on the Central Coast last Saturday.

Gilbert Olzomer, the current NSW U/19 2km beach run champion, finished 2nd in the Open Men's 5 km beach run. A fantastic performance by Gil who was beaten by a South Maroubra competitor by only 20 meters and in his first ever open event after stepping up from the age divisions.

Only half an hour after Gil's effort the small WBH team were cheering again when Elaine Walker ran the race of her life to finish third and claim the bronze medal in the over 40 woman's 5 km beach run. Elaine is undoubtedly our most tenacious and most improved competitor, and gave her absolute all in this event to claim her first ever NSW championship event medal.

Whilst these two medal winning efforts were the champagne moments for our club, the entire team of Gil Olzomer, Craig Graham, Jason Sargeant and Elaine Walker performed credibly all day against some of the biggest names in surf, including Kellogg's Nutri Grain Series Ironmen and women and Olympic kayak paddlers. In all 600 competitors took to the water and sand held in brilliant sunshine and a small swell.

Other results for our club included; Craig Graham 6th U/17 Men's ski, Elaine Walker 6th O/40 Women's ski, Gil Olzomer 10th open Men's ski, Jason Sargeant 12th U/15 Men's board and 15th in the surf race.

The NSW Endurance Championships were a great event and concludes the distance racing for this season, the WBH swim / board / ski team will now be focussing all training for the sprint season carnivals commencing this Sunday at Camden Haven.

We are still keen to recruit new members to join our ranks, particularly any boys and girls with a swimming background, if you are interested contact Peter at the Gazette.

Camden Haven Carnival

Best wishes to all members who are attending this carnival – also to those who are wishing to represent the club in the Mid North Coast Branch Team.

Bronze and SRC training

Andy Eames continues with his first Bronze and SRC training group- these members will be assessed and assigned to patrol before the end of November. Andy has worked diligently with this group and they are responding very well. The club is looking at running another course in the very near future. Any club member interested in achieving their SRC or bronze should contact Pete Daniels on 6585-2355 or email wauchopegazette@ruralpress.com or peter.daniels1@hotmail.com

Peter Daniels is also working with Lyn Gallagher with regards Resuscitation Award in the Junior section.

Proficiency Success

Thank you to all club members who participated in the proficiency at Rainbow Beach on Sunday October 30. The day was a great success, from all accounts. If you missed this opportunity to re-qualify, another will be held at Camden Haven on Sunday 13th November.

Patrol roster

An updated patrol roster will be issued shortly. The club will finalise this updated document in coming days and weeks.

All club members are reminded that a proficient club members will be placed onto a patrol. An exemption from patrolling is possible but needs to be made in writing to the club executive.

Gym

Most members will note the completion of a Club Gym - a huge thank you to **Fat Fish Bistro** for their generous donation towards the equipment. Steve Monaghan has spent many hours in consultation with other SLSC regarding use of equipment and what is suitable. There are guidelines and it is asked that these are respected, especially in who can use it and donation towards the maintenance. Contact Steve for more information.

Development Squad

Development Squad and Boot Camp members are well into their training programmes under the watchful eyes of Darren Gill & John Vaughan. Great to see all the action on the beach.

Terrigal SLSC visit

A youth squad from Terrigal SLSC will be visiting WBHSLSC over the weekend of 25-26-27 November. This group has visited our beach over recent years and enjoyed our 'quiet' location Peter Smith is organizing some valuable training season.

Clothing

Rin Monaghan (Merchandise Officer) has a great supply of swimmers and other club clothing. Give Rin a phone call on 0402450698.

For your info:

It is the first time in Surf Life Saving's 104-year history that Nipper member numbers have exceeded 60 000, representing a 63% increase over the last ten years. SLSA's total membership figure for 2010-11 was 158,806, representing a 3.4% rise from the 2009-2010 total of 153,626. Nippers represent nearly 40% of the surf lifesaving membership. 60,027 young Australians learnt essential water safety skills through Surf Life Saving's Nippers program last year, according to 2010-11 membership figures released by Surf Life Saving Australia today.

2011-2012 Executive contact details

| Role | Name | Home | Work | Mobile | Email |
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